

Active Trans Allyship Tips

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Do your best and continue to learn.

Once you know better, do better.

- 1** Trans* education and awareness is life saving. Teach and share it that way.
- 2** Learn and get informed on Trans* issues from Trans* folks.
- 3** Identity is complex. Ensure diverse Trans* narratives are embedded in your program regularly. No one story is the same as others.
- 4** Two-Spirit history is an important part of Canadian history. First Nations, Métis and Inuit voices need representation.
- 5** They/She/Ze/He/Xi are preferred pronouns and need to be respected.

** Trans is an umbrella term that refers to the identities within the gender identity spectrum.*