Women’s Health Conference Balancing Act

An ETFO Women’s Conference

Thursday, December 2 and Friday, December 3, 2021

This Professional Relations Services conference focuses on women’s health and well-being, and will feature wellness workshops as well as opportunities to network with women members from across Ontario.

This year’s conference will focus on Black women’s health and wellness, and will be open to women, with priority given to women who identify as Black.

Registration Fee: $30.00

Register at events.etfo.org

Workshop topics include:

* The Impact of Inter-generational Trauma.
* Self-Care Through Holistic Practices.
* Creative Self-care.
* Facing Racism, Discrimination and Harassment in the Workplace.
* Professional Boundaries: What You Need to Know.

Conference Information:

The opening and keynote address with Dr. Natasha Williams will begin at 6:00 p.m. on December 2, 2021.

Workshops will be held on Friday, December 3, 2021 from 9:30 a.m. to 3:00 p.m.

Participants will have expenses paid per ETFO provincial guidelines for release and dependent care.

Selection Criteria:

* Black Women members;
* Women members;
* Women from designated groups;
* First time attending the conference;
* Members who are at the initial stages of union involvement; and
* Local representation from across the province.

To Register:

Have your ETFO membership number handy. Visit events.etfo.org/upcoming-events/ and click on the ‘Balancing Act 2021’ tab. For help with registration, contact [events@etfo.org](mailto:events@etfo.org)

For more information, please contact Phyllis Hession-White at [phessionwhite@etfo.org](mailto:phessionwhite@etfo.org)